

SSPPS Office of Experiential Education

Preceptor News



Renu Singh, PharmD Associate Dean for Experiential Education

Progress Notes and Updates from Renu Singh, Associate Dean for Experiential Education

SSPPS UPDATES AND OEE UPDATES:

Happy New Year, and welcome to the Winter 2022 issue of our quarterly OEE Newsletter. We hope you are all staying healthy and had some relaxation time with your families and loved ones over the holiday period. With the COVID surge in December/January, due to the highly infectious Omicron variant, we acknowledge all health sys-

tem and community sites have been feeling the ongoing strain tending to the needs of sick patients, providing COVID testing, booster doses and often with reduced staffing due to staff absences from positive COVID tests or illness. We are glad to hear that COVID rates have decreased in our county this month. We also appreciate your ongoing dedication and commitment to the care of your patients, as well as continuing to train to our students, as we seem to have moved into an endemic stage of this pandemic.

OEE UPDATES:

Our students continue to complete a daily UCSD Online Symptom Tracker. We have instructed them not to report to their rotation site if they are exhibiting any symptoms concerning for COVID-19. In this case, they should notify their preceptor immediately, as well as our office. If you have any COVID-related concerns regarding our students during the year, please contact us immediately for guidance.

Our office has updated our COVID Guidance and FAQs document in alignment with UCSDH policies and campus Return to Learn guidance. These documents were shared with our students, as well as with our preceptors with a recent email, and can also be found on our CORE-ELMS portal for preceptors. At UCSD, all students were required to be fully COVID vaccinated with their boosters, by January 31, 2022. Our office tracks compliance with this mandate for our pharmacy students.



Felix Yam, PharmD., Director, APPEs

APPE UPDATES: Happy New Year! I hope everyone is off to a great start for the year. Our P4 students have completed more than half of their rotation experiences at this point. Despite the ongoing COVID-19 pandemic, our students have been very fortunate to have had minimal impact on their rotation experiences.

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Special points of interest

- OEE Website: [https:// pharmacy.ucsd.edu/](https://pharmacy.ucsd.edu/)
- OEE Website: [https:// pharmacy.ucsd.edu/faculty/ experiential-education- preceptors](https://pharmacy.ucsd.edu/faculty/experiential-education-preceptors)
- CORE log-in: [https:// www.corehighered.com/login- elms](https://www.corehighered.com/login-elms)

Preceptors in Action: A snapshot of preceptors in practice



Above: Farivar Jahansouz, PharmD precepting student, Jeremy Lai, on an inpatient APPE rotation

Progress Notes and Updates (continued)

APPE UPDATES (cont.):

We are grateful to our sites and preceptors for their ongoing support. Many of our students have been busy applying to post-graduate training experiences, and may have requested time off in the last month to participate in interviews. For some students, career interviews may be ongoing. We have asked our students to ensure that they communicate with their preceptors to arrange professional leave in a way that minimizes impact to patient care and their service commitments. Students are also aware that any make-up time is at the discretion of the preceptor. Thank you in advance for your support of their career development opportunities.

As we get closer to the end of the academic year, students are getting more excited to begin the next phase of their professional careers. We continually remind our students to stay focused and to finish the year strong. We expect that students have significantly improved confidence, knowledge and experience at this point. Taking the time to provide students with constructive feedback is critical to their progress. We appreciate the time you take to complete student evaluations. Please feel free to reach out to our office if you have any questions or concerns related to student performance. Our team is happy to provide assistance.

Lastly, our final Wellness Series event for P4 students was held at our school on Wednesday, March 9th from 4-6 pm. This session was titled “Exhaustion Check-in” and addressed burnout and uncertainty over career planning/residency matching. The goal was to provide motivation for the students to build resilience and to finish the year strong. We appreciate all our preceptors and faculty who facilitated the event and helped make the event meaningful for our students.

IPPE UPDATES: This is a busy time for our IPPE program. A final group of P1 students will be getting ready to start their longitudinal community pharmacy experiences in Spring Quarter, while two-thirds of the P1 class have already completed this experience. These experiences supplement their current courses, particularly the Pharmacy Practice course that they are currently enrolled in. We have had very positive feedback from students on how they are applying what they are learning in the classroom at your rotation sites. Thank you to all our amazing preceptors and pharmacies sites for hosting our SSPPS students, especially during these challenging times. Scheduling for our Spring Quarter longitudinal rotations has been sent to all participating pharmacies.

In addition to our current longitudinal community rotations, we are also looking ahead for an exciting and busy summer, when our students complete their community and health-system IPPE block rotations.

Finally, we are continually working to enhance the opportunities for our students through shadowing experiences. These experiences provide an opportunity for students to learn about new areas of pharmacy practice and make professional connections. If you, or your preceptors, may be interested in hosting student pharmacists for shadowing at your practice site, please email Pam McGlynn or myself.

LA/OC UPDATES:

We continue strong with APPEs in Los Angeles/Orange County for UCSD students. This year, the demand of LA/OC rotations has increased based on a recent poll we conducted to ascertain student interest. We are trying our best to accommodate all student interest, including even spending the entire year in LA/OC.



Above: Alex Luli, PharmD
Director of IPPEs

Below: Jennifer Le, PharmD Director
LA/OC



Progress Notes and Updates (continued)

LA/OC UPDATES (cont.):

To maximize the use of outstanding and diverse APPEs, we have partnered with UCSF's LA/OC program led by Dr. Robin Corelli to share rotations so that all available slots are filled by one of our UC schools. Through this collaboration, we have strengthened rotations and, furthermore, we are working towards expanding to new sites and our number of rotations in Los Angeles; this may even initiate for the 2022-23 cycle.

For preceptors: We held a virtual preceptor seminar on layered learning for LA/OC preceptors in November 2021 that was well attended – and will emulate this again at major LA/OC sites that continue to offer us outstanding APPEs. If you want to become a preceptor at an LA/OC site for UCSD students, please contact me for more information jenle@health.ucsd.edu

PRECEPTOR DEVELOPMENT AND NEWS:

Please register as soon as possible for our upcoming virtual Spring Preceptor Development Program and Preceptor Recognition Award Ceremony on Saturday, April 30 from 10:00-12:00 pm via Zoom. The topic is "Setting Expectations: What Does it Mean to be APPE Ready?" Registration is accepted through this link: https://ucsd.co1.qualtrics.com/jfe/form/SV_eS8rTqLTajBiTsy

STUDENT UPDATES:

As our Class of 2022 applied and have matched for residencies, fellowships and career positions, we thank each of our preceptors and clinical faculty who have mentored our students on rotations, reviewed CVs, LOIs, and written letters of recommendation for our students. We know this is a significant time commitment and we are very grateful for each of you.

Preceptor Achievements

Philip Anderson, PharmD, FASHP, FCSHP was named an Expertscape World Expert in Breastfeeding in August 2021.

Andrew P. Smith, PharmD, MBA, BCPS, BCCCP was voted President-elect for the San Diego Society of Health System Pharmacists, and received an ASHP/ACCP Faculty appointment to the Board Certified Emergency Medicine Pharmacist Review Course

On-demand Preceptor Development

On-demand preceptor development is now available in https://www.rxpreceptor.com/command_center/preceptors/document_library.php in the "Document Library" section at left "On-demand Preceptor Development CE"

At right: Dr. Caitlin Richardson,
PharmD



Preceptor Spotlight: Caitlin Richardson, PharmD

Advance Practice Pharmacist in Infectious Diseases, Scripps Health, Encinitas

Recipient: OEE Preceptor Excellence Award for APPE Elective for 2020

Training: Doctor of Pharmacy at Midwestern University College of Pharmacy in Glendale, Arizona; PGY1 Scottsdale Healthcare (HonorHealth Medical Group)

SSPPS: *What inspired you to become a preceptor, and how long have you been precepting?*

Caitlin: I was fortunate to work with an Infectious Diseases pharmacist that was passionate about teaching, who provided multiple longitudinal opportunities focused in ID. This is where I found my passion for my current specialty, and this experience instilled in me the importance of being a mentor to future pharmacists. I've been in my current role of Advance Practice Pharmacist in Infectious Diseases at Scripps for the past five years, where I offer an APPE in Infectious Diseases.

SSPPS: *What challenges do you see as a preceptor for pharmacy students?*

Caitlin: Students are often overwhelmed when they start my rotation due to the sheer volume of knowledge. Knowing where to find the information is important, but learning how to apply it to your patient is essential. Integrating concepts into patient cases allows students to participate in active learning, which leads to more successful retention.

SSPPS: *What advice would you give to new preceptors of pharmacy students?*

Caitlin: The most important thing I've learned as a preceptor is to continue learning from your students. If a concept isn't getting through, it's likely not being explained the right way. I try to keep in mind that each person's past experiences are different, and cater the rotation with that in mind.

IPPE Student Rotation Spotlight: Sarina Jenkins

Location: UCSD Hillcrest- overnight shifts with Dr. Khang Vu

What did you like most about this rotation?

I learned so much from my rotation at UCSD Hillcrest, but I really liked the different pace that each night had. There were eventful moments where I was able to witness the quick response an overnight pharmacist needs to have and there were also calmer times where I could talk to my preceptors about their experiences and advice about working in pharmacy.

What was the most unique aspect of this rotation?

This rotation was unique in many ways as it was my first overnight experience, and it also had a very diverse patient population throughout the evening and early morning hours. I enjoyed the overnight aspect as there were less pharmacy employees working so I was able to see more of the pharmacy processes as well as talk to and shadow the pharmacists more.

What challenges did you see in this rotation?

One of the more interesting challenges I saw was the fact that there were only two overnight pharmacists, so if there was a code then one pharmacist would be left to cover the rest of the hospital. This was very eye-opening, but it was great to see how flexible and communicative my preceptors were to make that set-up work!

What skills or knowledge will you take from this rotation that you believe you can apply to other areas?

In addition to all the relevant pharmacy knowledge I gained from my rotation at UCSD Hillcrest, I was able to have conversations with my preceptor about pharmacy as a whole and ways to navigate the field of pharmacy while figuring out what you want to do. I was reminded to do things because I enjoy them and want to grow from them, but to not be afraid to pave my own path either as the field of pharmacy is constantly changing.

What about this rotation surprised you?

I was nervous about the overnight portion of this rotation as I've never pulled an all-nighter before, but I was pleasantly surprised by how easily my body switched to an overnight schedule! My preceptor's advice of staying up late as possible the few nights before was extremely helpful and it was very rewarding to see the hospital at a different time with a different patient popula-



*Above: Sarina Jenkins
Pharm.D Candidate, Class of
2023*



Top: Jennifer Fong, Pharm. D. Candidate, Class of 2022 and colleagues

APPE Student Rotation Spotlight: Jennifer Fong

Location: Sharp Grossmont Hospital, Emergency Medicine

Preceptors: Jay Choy, Pharm.D. and Holly Reed, Pharm.D.

What was the most unique aspect of this rotation?

The most unique aspect of this rotation was the hands-on experience of caring for patients at bedside! I drew up medications for RSI and Code Blues, prepared Alteplase for strokes, made vasopressor drips, set up Alaris pumps, and made recommendations for drip titrations. This was a great experience to challenge my understanding of the disease states and apply clinical thinking in anticipating medications and questions.

What challenges did you see in this rotation?

Some challenges included thinking quickly on my feet, multitasking in a fast-paced environment, and personally seeing patients rapidly decompensate and even expire. The ED is a high acuity setting, so it was a great opportunity to be challenged yet also be humbled by the experience in directly serving patients and their families.

How did the team and facility enhance your learning experience?

Being a part of the ED team was an incredible experience. Our work station was in the ED alongside nurses and physicians, so it felt like a team. Physicians and nurses actively engaged in my learning experience by asking clinical or medication questions, teaching me how to read EKGs, showing me how they use an ultrasound to start peripheral IVs, and much more. Learning from other professionals helped me to understand care flow and to consider ways of helping the team.

What skills or knowledge will you take from this rotation that you believe you can apply to other professional areas?

During this rotation, I had to research and interpret clinical trials and articles for each presentation and topic discussion. I learned so much during didactics, but I did not thoroughly search literature and understand what guidelines were based on. I appreciated the time in refining this skill because it will strengthen me as a clinician and challenge me to always question and understand why we do things.

What did I like most about this rotation?

There were many great things about this rotation: hands-on experience, multi-disciplinary interactions, high acuity disease states, practical application of physiology and pharmacology, and working alongside another APPE student from Touro University. One thing I appreciate most about the ED setting is that you're on your feet and proactively thinking and learning of ways to improve patient care. It was a wonderful experience and I looked forward to going in each day

The Pharmacist's Letter Resource

Through our partnership with the Pharmacist's Letter, you have access to the Preceptor Training & Resource Network. Here's what your access to Preceptor Training & Resource Network includes:

- Sample student syllabi, activities, assignments and schedules
- Targeted professionalism, patient safety and practice-based teaching resources
- PL Journal Club (APPE teaching tools)
- Pharmacy 101 (IPPE teaching tools)

To access these benefits please log in through the following link and create an account: <http://info.therapeuticresearch.com/pharmacists-letter-journal-club-application> If you have any questions or require assistance accessing the Preceptor Training & Resource Network, please contact Pam McGlynn at pmcglynn@healthucsd.edu

SSPPS Preceptors: Do You Have an Appointment with us?

Benefits of an Appointment include:

- Physical and VPN access to the UC San Diego library system
- Utilize the UC San Diego shuttle bus service (shuttles serve campus, UC San Diego medical centers and key points off campus)
- May be eligible for reimbursement for poster presentations and/or meeting registration
- Eligible to attend SSPPS Preceptor Development Programs, with CAPE credit

For more information visit our Experiential Education website at: <https://pharmacy.ucsd.edu/faculty/experiential-education-preceptors>

Contact the OEE

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Reminder: If your contact information changes please email Pam McGlynn at pmcglynn@health.ucsd.edu to update